



## ULTIMAX STINGERS 5 DAYS 3<sup>RD</sup> - 7<sup>TH</sup> January 2007 EVENT INFORMATION

### **Introduction**

Welcome to the Ultimax Stingers 5 Day Orienteering event. This event is being jointly organised by NSW Ultimax Stingers, the JWOC Liaison Officer (Nick Dent), and Goldseekers Orienteering Club.

As this event provides an opportunity for junior orienteers to experience running in Australian granite terrain similar to that which will be used for JWOC 2007 in Dubbo the entry list in Men's A and Women's A has some of the worlds best junior orienteers. As well these classes contain some of Australia's and NZ best senior orienteers. We can expect some very competitive orienteering in these classes over the 5 days.

Jan Benes from the Czech Republic and Saaren Bobach from Denmark are the current junior world champions in Middle Distance. Olav Lundanes from Norway won the Long Distance at JWOC 2005 when he was 17 years old and came 2<sup>nd</sup> in the long distance in 2006 and 3<sup>rd</sup> in the middle distance in 2006. Patrik Karlsson from Sweden was 2<sup>nd</sup> in the Sprint Distance in 2006. Christian Bobach was 6<sup>th</sup> in the Long Distance in 2006. We also have all of Australia's and New Zealand's best junior male and female orienteers competing.

### **Program Note : Program Change !!!!!**

**Day 1-** Map "Kahli's Rocks" Scale 1:10000 for all courses except Men's A and Women's A who have 1:5000 Courses set by David Meyer.

Men's A and Women's A have a Sprint Distance Qualification with a Final for the top ten in the qualification. The finals will be held after all other classes have finished their courses so you will be able to watch what promises to be a very exciting Sprint Final for the Men and the Women-Starts from 18:00

1<sup>st</sup> Place \$100 2<sup>nd</sup> \$50 3<sup>rd</sup> \$25

First Start Men's A and Women's A 15:30 All other classes 16:00.

**Day 2-** Map "Kahli's Rocks" Scale 1:10000 Courses set by Phoebe Dent.

All classes will have a mass start at the indicated time with Men's A and Women's A having loops.

Start times Men's F/Women's F, Men's G/Women's G, Novice and Men's B 8:00

Men's C/Women's B 8:05, Men's D/Women's C 8:10, Men's E/Women's D 8:15

Men's A 8:40, Women's A 8:45.

**Day 3-** Map "Gumble Creek" Scale 1:10000 Courses set by David Shepherd.

Men's A and Women's A have a middle distance event.

First Start 8:00.

**Day 4-** Map "Gumble Creek" Scale 1:10000 for all courses except Men's A and Women's A who have 1:15000

Courses set by Julian Dent

Men's A and Women's A have a long distance event.

First Start 7:30.

**Day 5-** Map "Macquarie Woods" Scale 1:10000 Courses set by Jean Baldwin. Controller: Basil Baldwin

All courses have a chasing start. Start times will be available on Saturday evening.

First Start 8:00.

## Courses- Distances and Classes

Course	Class	Day 1	Day 2	Day 3	Day 4	Day 5
MA	Men's A	2.6km	6.5km	4.8km	12km	6.9km
WA	Women's A	2.4km	5.8km	3.9km	8.2km	5.8km
MB	Men's B	4.9km	5.7km	3.9km	6km	5.8km
MC/WB	Men's C Women's B	4.2km	4.7km	4.1km	5.1km	5km
MD/WC	Men's D Women's C	3.5km	3.8km	3.9km	4.3km	4km
ME/WD	Men's E Women's D	3.0km	3.1km	2.9km	3.6km	3.3km
MF/WE	Men's F Women's E	3.5km	3.3km	3.1km	3.1km	2.9km
M/WG	Men/Women G	2.4km	2.5km	2.3km	2.2km	2.2km
Novice	Novice	2.3km	1.6km	1.5km	2.2km	2.2km

### Directions to events

#### Day 1 and Day 2- Kahli's Rocks.

From Bathurst travel west towards Orange on the Great Western Highway for approximately 19km. Entry into property is a sharp left turn off the highway after you come around a bend. The highway up the hill is two lanes. Signs on the highway will indicate distance to the turn off.

From Orange travel east towards Bathurst along Great Western Highway for 35km.

**YOU CANNOT TURN RIGHT OFF THE HIGHWAY INTO THE PROPERTY AS THE TURN IS ACROSS DOUBLE LINES AND IS ON A CREST- VERY DANGEROUS!!!**

You must follow signs to a left turn 100m after the gate and turn around here and come back onto the highway travelling towards Orange and then turn left into the property.

When leaving the event you **MUST** turn left onto the highway towards Orange. If you are going to Bathurst you must travel towards Orange until there is a safe turning area about 3km towards Orange.

**PLEASE EXERCISE EXTREME CARE WHEN ENTERING AND EXITING DAY 1 AND DAY 2 AS THIS IS A MAIN HIGHWAY**

#### Day 3 and Day 4- Gumble Creek

From Orange travel along Mitchell Highway towards Wellington/Dubbo. After 34km you will reach Molong. In Molong cross the railway line and turn left into Wellington St; When travelling through Molong be aware of the speed zones(50kph). Follow the Manildra Road for approximately 21km and turn right into property. Travel another 4km to Arena. Allow 60 minutes from Orange as the drive through the property is slow.

#### Day 5 Macquarie Woods

From Orange travel east towards Bathurst on the Great Western Highway for 24 km and turn left into Macquarie Woods.

#### Arena Details-parking, finish area, start area.

**Day 1 and Day 2-** same assembly arena and parking. Easy 1km walk from parking (in open paddock) to the assembly/finish arena. Day 1 Start is easy 600m walk from the arena. Final of the Men's and Women's Sprint will start adjacent to the finish area and will involve a spectator loop with first start at 18:00. Day 2 Mass Start is 200m walk from the arena. On both days follow streamers to the start.

**Day 3 and Day 4-** same assembly arena and parking for both days. Parking is adjacent to the finish arena. There is a 1.9km easy flat walk to the start on Day 3 and on Day 4 the start is 400m easy walk.

**Day 5-** Parking is adjacent to the finish arena. Walk to the start for Novices is 600m easy walk and for all other courses it is 800m easy walk. There are bee hives in the area which are not marked on the map.

### Electronic Punching

The SportIdent system will be used. You must use the same SI card for each day. The SI card must be cleared and checked before each event. Clear and check units will be located en route to the start on each day. If you are hiring an SI card you must collect it from Registration and return it after your last event.

At each control the SI card must be used to identify that you have been to the control. If you do not hear a beep and see a red light flash you are to punch the control in one of the boxes provided on the map.

## **Start Procedures- for Days 1,3,4 and 5.**

**3 minutes** before your start time report to the Check In line. Your SI number will be checked.

**2 minutes** before your start move forward and collect your control descriptions.

**1 minute** before your start time move to the start line. Class will be on back of map.

**\*\*\*Men's A and Women's A on Day 1 Sprint Qualification will move to their start line every 30 seconds. Start official will count down for those not starting on the minute.**

**Start time** – on the sixth beep your time begins. On each day the start is the start triangle on the map.

**Late Starters-** there will be no broadcast call up of competitors. Late starters must report to start official and wait to be given a map and permission to start. It is the competitors responsibility to be at the start on time.

**Day 2-** all competitors in each class will start at the indicated time in a mass start for their class. Competitors will be called to the line 4 minutes before their start time. 2 minutes before start time control descriptions will be handed out. 1 minute before start time a map will be placed face down in front of each competitor and can only be picked up after the sixth beep of the clock.

## **Control Descriptions**

These will be issued as part of the start procedure except for Men's A and Women's A on Day 2 when the control descriptions for the course will be on the front of the map only.

On Days 1, 2, 3 and 4 control descriptions will be on the front of the map and on Day 5 they will be on the back of the map.

## **Finish Procedure**

At the finish you must record your finish time by punching one of the SportIdent units on the finish line. Proceed to the finish tent and download your SI card information and get a print out of your split times. On Day 2 you can go to the finish tent any time after you have finished- you do not have to wait in a queue.

## **\*\*\*Water\*\*\***

There will be water controls on all the courses except Green and Blue and there will be water at the finish. There will be no water at the start on any day. **As it will be hot please bring your own water to the event as this will reduce the demand on the water at the finish.**

## **Toilets**

On each day there will be toilets located adjacent to the finish area. There will be no toilets at the start on any day.

## **Presentations**

The winners of each class on each day will be presented with a prize and there will also be many random prizes given out at each of the presentations. To collect these you have to be present.

**The Presentation for Day 1 and Day 2 will take place at the Robin Hood Hotel on Thursday evening at 20:00.**

This will include the cash prizes for the placegetters in the Men's and Women's Sprint Final.

On Day 3/4/5 presentations will occur as soon as possible after the completion of each event

The overall winner of each class will be determined from their best three events out of the first four and their result for Day 5.

## **Catering**

Cold drinks, cakes, muffins etc: as well as tea and coffee will be available in the arena on all days courtesy of NSW Stingers and the NSW Junior Squad. Please support them.

## **Course Closure**

On Day 1 course closure will be 19:00

On Day 2/3/4/5 course closure will be 10:30

## **Enter on the Day Courses**

There will be three enter on the day courses available on each day-Blue, Green and Short Red.

Cost \$10. Times: Day 1-16:30-17:00, Day 2/3/4/5 8:30-9:00. Register at registration tent.

## **Clothing**

There is a limited number of souvenirs Ultimax 5 Day Cool-dry T Shirts (mainly white with some red) for sale \$30- these will be on display at the event.

## **Sponsorship/Orange City Gold Card/ Social Events**

Throughout the **Ultimax Stingers 5 Days** the **Orange City Gold Card** sponsorship Loyalty Competition will be run to support local businesses that have supported the event.

All competitors will be given a Card which will display the location and names of all the local businesses that have sponsored the event. Prizes to be won!!

### **Sponsors are:**

**Orange Motor Lodge**

**Robin Hood Hotel**

**Time Out for Coffee**

**DNA Coffee**

**Greengate Supermarket**

**Greengate Bread Shop**

**Fourjay Farms-wine and nuts. Owned by Basil and Jean Baldwin**

**Belgravia @ Union Bank Restaurant**

**Loc Sing Chinese Restaurant.**

## **SOCIAL EVENTS.**

See Social Program page on website

<http://www.nswstingers.com/5days/5daysponsors/>

## **Camping**

Only those people who have registered for camping can camp at Canobolas High School. Payment for camping must be made on Day 1 at registration and each person is to collect a tag to be attached to their tent.

## **Acknowledgements**

**Landowners-** the organisers would like to thank the landowners of Kahli's Rocks and Gumble Creek for permission to use their land for orienteering.

**Colin Price-** for all his hard work in organising the event sponsors and social program.

**ACT Orienteering-** for lending us their orienteering equipment.

**Canobolas High School-**Principal and Staff for permission to use their school for camping.

**Clubs- Garingal, Bennelong and Goldseekers** for donating the use of their maps for the event.

**Graeme Cooper-** for taking the entries and organising the online entry

**Ron Pallas** – for coordinating Sportident

**David Shepherd-** for his invaluable help with the maps and courses and also for setting Day 3 even though he is not a NSW Stinger!!

**Competitors-** to all of you for supporting the event especially all those from overseas we hope you enjoy the orienteering.